



Competitive (Travel/Carded) Player Fact Sheet

Prior to trying out for a competitive (travel) team within LSC, all parents should read this worksheet. It will give you the information you need to help in your decision to allow (or not allow) your child to tryout in an attempt to become a LSC travel team player.

It is the hope that this sheet will better help to make parents and player understand the commitment, both in time and money that it takes to become a competitive team player within our club. Parents as well as players must make a commitment to the team and are expected to support their children in the endeavors as detailed here. This should also alleviate the questions that parents, players and coaches have as the team gets ready for the following season. The amount of playing time each player receives shall be earned, and be based on the merit, commitment and attendance as determined by the coaching staff and Club Guidelines. Listed below are the commitments of the travel team player. If you feel that this commitment is not in your or your child's best interest, there will still be a place within LSC for your child to play if they are U-11 and below. They will be placed on a rec level team for the following year. They would still have the option of trying out at a future club sponsored tryout. Should your child be chosen for a travel team, the following commitments will be necessary for your child and the team to compete at the highest possible level according to their ability.

Time Commitments –

- Training/Practice Sessions: a minimum of two each week. They are usually 60 to 90 minutes in length and start approximately four weeks prior to the season's first game.
- Games: each season will consist of 10 games spread out over a 10 week season.
- Scrimmages: teams often scrimmage 2 to 3 times per season. This is usually in addition to the normal twice weekly practice sessions.
- Summer Camps: this is up to the individual team, but teams may require players to attend a summer team camp in preparation for the fall season.
- Tournaments: teams usually go to two tournaments each season. Participation in all LSC tournaments is mandatory. Normally, tournaments are held over a two to three day period, which usually coincide with a holiday such as Labor Day, Thanksgiving, or Memorial Day. The tournaments chosen are up to the individual teams.

Monetary Commitments— (Team fundraising may be used to offset all costs except individual registration)

- Registration Fees: The cost for a full year is \$155 per player, this includes a full uniform kit with two jerseys.
- Trainers Fees: The average cost per player is approximately \$100 per season.
- Tournaments: The average cost per player is approximately \$100 per season.
- Summer Camps: The average cost per player is approximately \$150 per camp.
- Winter Leagues/Training: These activities vary greatly by team. Some teams take off during the winter months. It is purely up to the coach and team (Club approval required). Small sided (8v8) teams are strongly discouraged from participating in any winter activities. The costs of each will be discussed with you by the coach depending on the activities chosen